



# See the difference

Let us show you why Aetna<sup>®</sup> is unique

State of Kansas • 2022 enrollment information





# Take a closer look at Aetna®

## What's important to you?

### Care

Access to the Aetna network — local and national

- 1.2 million health care professionals
- 5,700+ hospitals and 700,000+ doctors

Visit [AetnaStateofKansas.com](https://www.aetna.com/stateofkansas) to search for providers.

### Convenience

- Advanced online, mobile and cost-of-care tools
- Option to talk to a doctor virtually
- Numerous member discounts





# Advanced tools and technology



**Online:**  
Your member website



**Mobile:**  
Aetna Health<sup>SM</sup> app



# Your Aetna® member website

## Everything you need — all in one spot

- Find a network doctor.
- Access care on-the-go with Teladoc®.
- Locate network walk-in clinics, urgent care centers and other facilities.
- Estimate costs ahead of time.
- View and pay a claim.
- Keep track of your health care spending.
- Find Aetna member discounts, and much more.





# Aetna Health<sup>SM</sup> app

## Take charge of your benefits.

- Search for providers, procedures and medications.
- Get cost estimates before you get care.
- Track spending and progress toward your deductible.
- View your health plan summary and see what's covered.
- See claims details and pay claims online.
- Talk with a Teladoc<sup>®</sup> doctor by phone or video chat.
- Access your ID card.



# Finding care

It's easy to find nearby care with our provider search tool.

This online tool will also show useful information about the provider like:

- Office locations and directions
- Patient ratings and reviews
- Whether they are accepting new patients
- Hospital affiliations
- Languages spoken





# Cost estimator

Know your out-of-pocket costs — before you get care.

Checks costs and ratings for procedures at facilities in your area.

Check your cost and the plan's cost-share for common procedures.

Compare costs for up to 10 providers.

Consumers who use price-comparison tools save money.





# Talk to a registered nurse anytime

**With the 24-Hour Nurse Line, you can speak to a nurse whenever you need to.**

You'll be able to make smarter health decisions. And you'll have reliable information you can trust — it's only a phone call or click away. The Nurse Line can save you time, money and possibly an expensive trip to the emergency room (ER).

Plus —

- It's toll-free.
- You can call as many times as you need, at no extra cost.
- Your covered family members can use it, too.





# Teladoc® — convenient access to U.S.-licensed doctors by phone or video

## Care that fits into your schedule

With Teladoc, you can talk with a board-certified doctor by phone or video chat. They can diagnose, treat and prescribe medications, if necessary.

Your Teladoc services include:

- General medical
- Mental health
- Dermatology



**Set up your account before you need care**

You can set up your account on the website, on the app or by phone. To learn more, visit **Teladoc.com/Aetna.**



# Teladoc — general medical

## Skip the trip to the ER or doctor's office with 24/7 virtual care.

Talk with a board-certified doctor about non-emergency conditions, such as flu symptoms, sinus infections, sore throats, headaches and more.



### Register

Set up your Teladoc account ahead of time so you're ready when you need care quickly.



### Request an appointment

Request a visit through the website, phone or app and hear back from a doctor in minutes.



### Consult with a doctor

A Teladoc doctor will listen, provide treatment and call in a prescription to your local pharmacy as needed. They can also share information about your visit with your primary care physician, if you'd like. Common conditions that can be treated include:

- Allergies
- Colds and flu
- Food poisoning
- Headaches/migraines
- Pink eye
- Respiratory infections
- Sinus problems, and more





# Teladoc — mental health

## Confidential, ongoing support from a professional



### Register

You register on the app or website



### Choose a provider

Based on your need, you can choose from board-certified psychiatrists, licensed psychologists, therapists or counselors. Review their profile, languages spoken, gender and ability to prescribe medication to help you decide who's right for you.



### Select date & time

You choose the date and time of your visit. Teladoc providers will respond to appointment requests within 8 hours. Access a provider 7 days a week, 7 AM to 9 PM.



### Meet with provider (video only)

You meet with the provider by video from wherever you feel comfortable.



### Get ongoing treatment as needed

You may schedule future appointments with the same provider and follow up through the online message center.



# Teladoc — dermatology

## Quick, reliable access to skin specialists

Consult with licensed dermatologists for conditions such as psoriasis, eczema, skin infections, suspicious moles and others.



### Upload images

Start by uploading images of your skin condition and completing an intake questionnaire. Upload a minimum of three pictures for the dermatologist to review.



### View results online

Within two business days, a dermatologist will respond through the online message center. They can diagnose, treat and prescribe medication, if necessary. You'll be able to pick up any prescriptions at your local pharmacy.



### Follow up

You may follow up with the doctor through the online message center for free within 7 days after the consult.



# Aetna<sup>®</sup> member extras

## Enjoy member discounts on:

- Gym memberships\*
- Fitness memberships and equipment
- Vision, hearing and oral care
- Weight-management programs
- Natural products and services
- Books, CDs, magazines
- Travel, tickets, dining and more through LifeMart<sup>®</sup>

\* For new gym memberships only. If you belong to a gym or joined recently, call GlobalFit<sup>®</sup> at 1-800-294-1500. GlobalFit handles all member inquiries and provides customer service.



# State of Kansas plan options for 2022

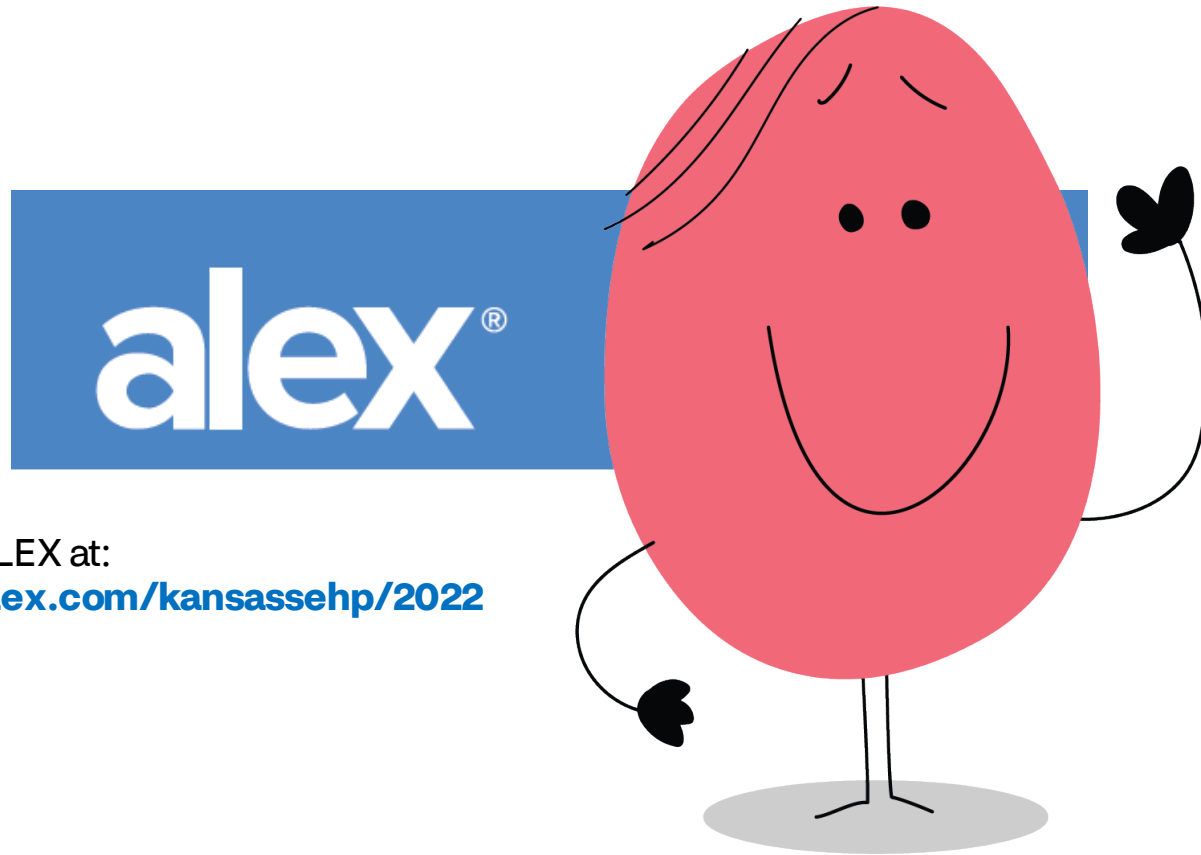
**Please note:** All changes from last year are bolded in the chart. Plan Q is no longer offered.

For network benefits, you pay				
	Plan A	Plan C	Plan J	Plan N*
<b>Deductible</b>	<b>Employee: \$900 Family: \$1,800</b>	Employee: \$2,750** Family: \$5,500**	Employee: \$500 Family: \$1,000	Employee: \$2,750** Family: \$5,500**
<b>Coinsurance</b>	20%	10%	25%	35%
<b>PCP office visit</b>	<b>\$30 copay</b>	Deductible and 10% coinsurance	Deductible and 25% coinsurance	Deductible and 35% coinsurance
<b>Teladoc®</b>				
General medicine	\$10 copay	<b>\$49 service fee (or less)</b>	<b>\$49 service fee (or less)</b>	<b>\$49 service fee (or less)</b>
Mental health	\$10 copay	Non-MD \$85 per session. Psychiatrist initial diagnostic \$190; ongoing session \$95 (or less).	Non-MD \$85 per session. Psychiatrist initial diagnostic \$190; ongoing session \$95 (or less).	Non-MD \$85 per session. Psychiatrist initial diagnostic \$190; ongoing session \$95 (or less).
Dermatology	\$10 copay	\$75 per session (or less)	\$75 per session (or less)	\$75 per session (or less)
<b>Specialist office visit</b>	\$60 copay	Deductible and 10% coinsurance	Deductible and 25% coinsurance	Deductible and 35% coinsurance
<b>Emergency room visit</b>	\$100 copay, deductible and 20% coinsurance. Copay waived if admitted within 24 hours.	Deductible and 10% coinsurance	Deductible and 25% coinsurance	Deductible and 35% coinsurance
<b>Urgent care center visit</b>	\$50 copay	Deductible and 10% coinsurance	Deductible and 25% coinsurance	Deductible and 35% coinsurance
<b>Inpatient services</b>	Deductible and 20% coinsurance	Deductible and 10% coinsurance	Deductible and 25% coinsurance	Deductible and 35% coinsurance
<b>Outpatient surgery</b>	Deductible and 20% coinsurance	Deductible and 10% coinsurance	Deductible and 25% coinsurance	Deductible and 35% coinsurance
<b>Combined medical and pharmacy annual out-of-pocket maximum</b>	<b>Employee: \$5,250 Family: \$10,500</b>	<b>Employee: \$4,500 Family: \$9,000</b>	Employee: \$7,350 Family: \$14,700	Employee: \$6,650 Family: \$13,300

\*Members not enrolling through MAP during Open Enrollment will be defaulted to Plan N with a Health Reimbursement Account.

\*\*Plan C and N: The deductible for all “non-single” policies (employee/spouse, employee/children, employee/family) will be \$2,800 for an individual within the family. However, the overall family deductible for these policies will remain at \$5,500.

# Need help to decide which plan is right for you? Try ALEX<sup>®</sup>!



Try ALEX at:  
[MyAlex.com/kansassehp/2022](https://myalex.com/kansassehp/2022)



# Aetna® highlights checklist



Four State of Kansas plans to choose from



- Aetna network:
- 1.2 million health care professionals
  - 5,700+ hospitals
  - 700,000+ doctors



Same premium rates for both medical carriers



Ask ALEX tool for help deciding which plan is right for you

To learn more, visit [Aetna.com](https://www.aetna.com) or [AetnaStateofKansas.com](https://www.aetna.com/stateofkansas).





# Aetna<sup>®</sup> highlights checklist



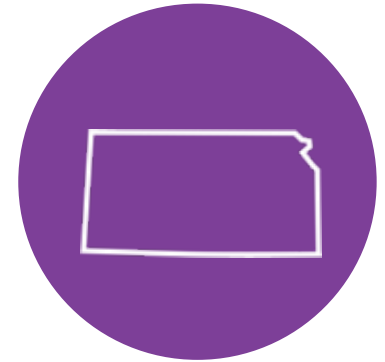
Online and mobile tools and support



Virtual care solutions with Teladoc<sup>®</sup>



Member discounts



Customized, State of Kansas member portal

To learn more, visit [Aetna.com](https://www.aetna.com) or [AetnaStateofKansas.com](https://www.aetna.com/stateofkansas).



# Thank you

Have questions? Call Aetna® Member Services  
at **1-866-851-0754 (TTY: 711)**.

**Plan coverage is offered by your employer, with administrative services only provided by Aetna Life Insurance Company (Aetna).** Health insurance plans are administered by Aetna Life Insurance Company. Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location and are subject to change. Health information programs provide general health information and are not substitutes for diagnosis or treatment by a physician or other health care professional. Discount programs provide access to discounted prices and are not insured benefits. Providers are independent contractors and are not agents of Aetna. Provider participation may change without notice. Aetna does not provide care or guarantee access to health services. Information is believed to be accurate as of the production date; however, it is subject to change. Refer to **Aetna.com** for more information about Aetna plans.

TTY: 711

For language assistance in your language, call 1-866-851-0754 at no cost. (English)

Para obtener asistencia lingüística en español, llame sin cargo al 1-866-851-0754. (Spanish)

欲取得繁體中文語言協助，請撥打1-866-851-0754，無需付費。(Chinese)