

2024 Enrollment Resources

Understand Your 2024 Employee Health Benefits Video

Enrollment Portals

- Membership Administration Portal (MAP) - [Member Portal \(hrissuite.com\)](https://hrissuite.com)
- MAP Technical Support - [MAP Technical Support | State Employee Health Plan \(ks.gov\)](https://ks.gov)
- Universities MAP Portal - [Member Portal \(cobraguard.net\)](https://cobraguard.net)

View the Plan Year Enrollment Guide - [SEHP Enrollment Guide \(ks.gov\)](https://ks.gov)

2024 Open Enrollment Highlights

- Annual Open Enrollment period is October 1 – 31, 2023
- This is an Active Enrollment Year. All covered members must enroll for Plan Year 2024.
- Members who have waived coverage will remain waived unless an enrollment is completed.
 - Medical and Prescription
 - Members of Plans C & N - To meet new IRS requirements for Qualified High Deductible Health Plans, members with dependent coverage will see the FIRST Deductible increase to \$3,200. The remaining family members would meet the balance of the Deductible of \$2,300 for an overall Deductible of \$5,500.
 - Specialty Medications
 - Beginning in 2024 PrudentRx will be offered to members using Specialty Medications. The PrudentRx program will provide members the opportunity to get their Specialty Medications through CVS/Caremark at no cost to members on Plan A, and no coinsurance expense to members after the deductible for those enrolled on Plans C, J and N.
- Rate Changes
 - In 2024, State of Kansas Employee medical and dental rates will remain the same. Non State Employees need to check with their employer.
- Hearing Aid Coverage
 - The Health Care Commission approved coverage for medically necessary hearing aid(s) and the associated hearing aid professional services to be included with the medical plan benefits. Complete coverage information is provided in the Benefit Descriptions available online at HealthBenefitsProgram.ks.gov.
- Voluntary Benefits
 - Voluntary Benefit plans will be insured by MetLife starting Jan. 1, 2024. Due to the change in vendors, members will need to re-enroll for those plans.

Hearing Aid FAQ - [Hearing Aid FAQ 1 ac977086a83a0.pdf \(ks.gov\)](https://ks.gov)

New in 2024

- Starting January 1, 2024, Caremark is partnering with PrudentRX to enroll members using Specialty Medications in manufacturer copay assistance programs. [Learn More.](#)
- [Specialty Copay Optimization PrudentRx \(ks.gov\)](https://ks.gov)

ALEX

- Talk to ALEX Today - ALEX is an online resource the SEHP uses to walk you through all of your available benefits and explain how they work. ALEX can also help you to compare the various health plan options based on your individual circumstances.
- <https://www.myalex.com/kansassehp/2024>
- Watch Video: [Benefits Sneak Peek — ALEX \(myalex.com\)](#)

Benefit Resources

State Employee Health Plan

Dependent Documentation Requirements [Dependent Documentation Requirements for State Employee Health Plan \(SEHP\) Members | State Employee Health Plan \(ks.gov\)](#)

Adding a Newborn - <https://sehp.healthbenefitsprogram.ks.gov/cobra/cobra-enrollment-resources/adding-a-newborn-to-your-existing-state-employee-health-plan-coverage>

Aetna

Aetna Enrollment Guide -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/2024_Aetna_Enrollment_Guide_bcf8c7ef8cb65.pdf

Teladoc Plan A -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/Teladoc_Plan_A_ef036aaabb2b0.pdf

Teladoc Plan C J N -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/Teladoc_Plan_C_J_N_d49a7e1acdc5b.pdf

Mental Health Care -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/Teladoc_Mental_Health_Care_c158423cda862.pdf

Healthcare Bluebook -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/Healthcare_Bluebook_15aa5f1d60f0e.pdf

Aetna Plan A (SBC) Aetna Plan C (SBC) -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/Aetna_Plan_A_208f52af92dd0.pdf

Aetna Plan J (SBC) -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/Aetna_Plan_J_318794d8833a9.pdf

Aetna Plan N (SBC) -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/Aetna_Plan_N_050793e1d88bf.pdf

Aetna Enrollment Information Video - <https://vimeo.com/859028716/816084162d?share=copy>

Avesis

Avēsis Vision Overview - <https://vimeo.com/859028716/816084162d?share=copy>

Avēsis Basic Summary - <https://vimeo.com/859028716/816084162d?share=copy>

Avēsis Enhanced Summary -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/Avesis_Vision_Enhanced_Summary_376873bea83b7.pdf

Avēsis Vision Policy -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/Avesis_Vision_Overview_29965836a816b.pdf

1-800 Contacts -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/1800_Contacts_a54c68572760f.pdf

Avēsis Video - <https://spaces.hightail.com/receive/RUWW572YXH>

BlueCross BlueShield of Kansas

BCBSKS Enrollment Guide -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/2024_BCBSKS_Enrollment_Guide_39ddb7215317d.pdf

Amwell -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/2024_BCBSKS_Telehealth_Amwell_d63d476857df8.pdf

SmartShopper -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/You_Have_SmartShopper_Flyer_08f90506d27d2.pdf

BCBSKS Plan A (SBC) -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/BCBSKS_Plan_A_913badcc4a65a.pdf

BCBSKS Plan C (SBC) -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/BCBSKS_Plan_C_20f785771ff13.pdf

BCBSKS Plan J (SBC) -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/BCBSKS_Plan_J_94c9a1c476e87.pdf

BCBSKS Plan N (SBC) -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/BCBSKS_Plan_N_fcb504d489ca.pdf

Plan A – BCBSKS Video -

sehp.healthbenefitsprogram.ks.gov/media/cms/bcbsks_plan_a_2024_v2_1080p_8431827815fb0.mp4

Plan C & N – BCBSKS Video -

sehp.healthbenefitsprogram.ks.gov/media/cms/bcbsks_plan_cn_2024_1080p_eb8e5fb648288.mp4

Plan J – BCBSKS Video -

sehp.healthbenefitsprogram.ks.gov/media/cms/bcbsks_plan_j_2024_v2_1080p_4b4ad214bbe83.mp4

Benefits of Choosing a BCBSofKS Plan -

sehp.healthbenefitsprogram.ks.gov/media/cms/benefits_of_choosing_a_bcbsks_health_plan_2024_v2_1080p_e6f622db68475.mp4

CVS Caremark

CVS Caremark Information -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/CVS_Caremark_Information_7d09c1496ccd0.pdf

Generics Save up to 80% -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/Generics_Save_up_to_80_031b6c714153f.pdf

CVS Specialty Pharmacy -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/CVS_Specialty_Pharmacy_ecafeddc95d7.pdf

CVS Caremark Mobile App -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/CVS_Mobile_App_0c3efb87c09cf.pdf

PrudentRx Member Benefit -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/PrudentRx_Member_Benefit_e77ce37997be0.pdf

Pharmacy Benefit Overview Video -

<https://www.brainshark.com/cvscaremark/vu?pi=zGnzP2P7KzjhKlz0>

Delta Dental

Delta Dental Benefits Summary -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/Delta_Dental_Benefits_Summary_84c139b427fb8.pdf

Delta Dental Benefits Summary- Spanish -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/Delta_Dental_Benefits_Summary_Spanish_e70deb3f7bd2e.pdf

Delta Dental Cost Estimator -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/Delta_Denal_Cost_Estimator_7f1d1ed003a9d.pdf

Description of Benefits -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/SOK2024_Dental_Benefit_Description_ADA_7_b7dca6244019d.pdf

Description of Benefits Spanish -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/SOK2024_Dental_Benefit_Description_ADA_Spanish_7_31fbb8a7c1099.pdf

Delta Video - [DDKS - State of Kansas Open Enrollment - YouTube](#)

HealthQuest

Credit Award Timeline -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/2024_SOK_Credit_Award_Timeline_0a56f9ab35e7c.pdf

Plan A Incentive Guide -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/2024_SOK_Incentive_Overview_Flyers_Plan_A_1ab579029d935.pdf

Plan C, J, N Incentive Guide -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/2024_SOK_Incentive_Overview_Flyers_Plan_CJN_cc68e4f46e15e.pdf

HealthQuest FAQ -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/2024_HealthQuest_FAQ_618baa376c382.pdf

New Employee Flier -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/SOK_New_Employee_Flyer_2024_bd7bd27e5193d.pdf

HealthQuest by Marathon Health

Health Center Services Flier -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/State_of_Kansas_Health_Center_Flyer_f5655f13886c0.pdf

Health Center FAQ -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/HealthQuest_Health_Center_FAQ_6861033b05287.pdf

Anywhere Flier -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/Anywhere_Services_Flier_b9519f55ec96f.pdf

MetLife – HRA

HRA Booklet 2024 -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/State_of_Kansas_HRA_Booklet_2024_041a59305bfa5.pdf

HRA Infographic -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/State_of_Kansas_HRA_Infographic_9437605fdcc4.pdf

HRA Welcome Kit 2024 -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/State_of_Kansas_HRA_Welcome_Kit_2024_1034b0b385270.pdf

MetLife HRA Video - [MetLife x Kansas HRA \(brightcove.net\)](#)

MetLife – HSA

HSA Booklet 2024 -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/State_of_Kansas_HSA_Booklet_2024_0bbefeb39b.pdf

HSA FAQ -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/State_of_Kansas_HSA_FAQ_54009248589fd.pdf

HSA Welcome Kit 2024 -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/State_of_Kansas_HSA_Welcome_Kit_2024_4b52e7983da38.pdf

Medicare -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/State_of_Kansas_HSA_Medicare_Slipsheet_v2_9a29fcf5c91dd.pdf

MetLife HSA Video - [MetLife x Kansas HSA \(brightcove.net\)](#)

MetLife – Accident

Accident Overview -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/Accident_Overview_92966188e1dd1.pdf

Accident Plan Summary -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/Accident_Plan_Summary_9f30891bfa9c3.pdf

Accident Benefit Flyer -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/Accident_Benefit_Flyer_7d38e21c90013.pdf

Accident FAQ Flyer -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/Accident_FAQ_Flyer_a066d06a0d27a.pdf

Accident Claims Flyer -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/Accident_Claims_d8a7a557a91f3.pdf

Accident Video - [Accident Insurance \(brightcove.net\)](#)

MetLife – Critical Illness

Critical Illness Overview -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/Critical_Illness_Info_Flyer_afbe264836aaf.pdf

Critical Illness Plan Summary -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/Critical_Illness_Plan_Summary_cd88d3c3d6dd5.pdf

Critical Illness Benefit Flyer -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/Critical_Illness_Benefit_Flyer_cd8ec21d5e496.pdf

Critical Illness FAQ -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/Critical_Illness_FAQ_5128fae949ce9.pdf

Critical Illness Claims Flyer -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/Critical_Illness_Claims_b653e6a280bbd.pdf

Critical Illness Video - [Critical Illness Insurance \(brightcove.net\)](#)

MetLife – Hospital Indemnity

Hospital Indemnity Overview -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/Hospital_Indemnity_Overview_af397eec58dd5.pdf

Hospital Indemnity Plan Summary -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/Hospital_Indemnity_Plan_Summary_042283d7d15f2.pdf

Hospital Indemnity Benefit Flyer -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/Hospital_Indemnity_Benefit_Flyer_54d161e89f183.pdf

Hospital Indemnity FAQ -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/Hospital_Indemnity_FAQ_58d600f367348.pdf

Hospital Indemnity Claims -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/Hospital_Indemnity_Claims_d9695345fff71.pdf

Hospital Indemnity Flyer -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/Hospital_Indemnity_Flyer_b6d097bfac594.pdf

Hospital Indemnity Video - [Hospital Indemnity Insurance \(brightcove.net\)](#)

NueSynergy

Flexible Spending Account Video - [FSA Member Education 2024 SOK - YouTube](#)

Did you know FSA Guide -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/State_of_Kansas_Did_you_know_FSA_1_750639098f238.pdf

10 Items you didn't know were FSA Eligible -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/State_of_KS_10_items_you_didnt_know_were_fsa_eligible_1_1_1_1_2206b12e9de6d.pdf

Healthcare and OTC Eligible Expenses -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/State_of_Kansas_Healthcare_and_OTC_Eligible_Expenses_1_1_ba018d8692902.pdf

FSA and LPFSA Guide -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/State_of_Kansas_FSA_LPFSAGuide_2023_1_1f28fdf9e7f22.pdf

FSA Q&A -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/State_of_Kansas_FSA_QAs_1_7fceb1a33f296.pdf

DCA Employee FAQ -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/State_of_Kansas_DCA_Employee_FAQ_1_5c76ff89b8bf7.pdf

Consumer DCFS -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/State_of_Kansas_Consumer_DCFS_1_74266617e353c.pdf

Debit Card Q&A -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/State_of_Kansas_Benefits_Debit_Card_QA_07102023_3_8777e72c904ef.pdf

Commuter FAQ -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/SOK_Consumer_Commuter_FAQ_clean_07102023_2_6311eda451ab5.pdf

Commuter Account Overview -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/Consumer_Commuter_Account_Overview_1018_Final_07102023_2_ba9c0de22d18b.pdf

QuestSelect

QuestSelect Advanced (Plan A) Information -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/QuestSelect_Advanced_9_e97b92856b8c8.pdf

QuestSelect Signature (Plans C, J, N) Information -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/QuestSelect_Signature_9_3989619e301dd.pdf

My Quest App -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/MyQuest_App_9_60ff8bdc401fb.pdf

My Quest Account -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/MyQuest_Account_9_8d620a6242021.pdf

QuestSelect Advanced Video - [Quest Select is the benefit designed to save you money on lab testing | Advanced](#)

QuestSelect Signature Video -

<https://www.youtube.com/watch?v=n3sOIFcB6s4&feature=youtu.be>

RXSS

RxSS Resource Information -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/RxSS_Overview_Flyer_af60f53f212b9.pdf

StormontVail Health

SVHC Lab Flyer 2024 -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/2024_SOK_StormontVail_Health_Lab_Flyer_68a2b6ba82e83.pdf

StormontVail Health Lab Video -

sehp.healthbenefitsprogram.ks.gov/media/cms/Stormont_Vail_Health_Lab_Benefit_Video_50951fed6c578.mp4

The University of Kansas Health System

TUKHS Lab Benefit Video -

https://players.brightcove.net/5434965233001/default_default/index.html?videoid=6264632067001

TUKHS Lab Benefit Information -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/UKHA_Benefit_Flier_277da3f863f94.pdf

TUKHS Outpatient Lab Locations -

https://sehp.healthbenefitsprogram.ks.gov/media/cms/2024_TUKHS_Lab_Locations_ad0b775bcf754.pdf