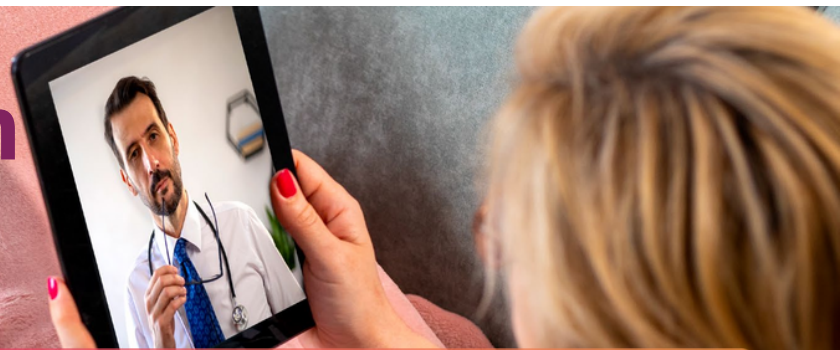


Marathon Health Anywhere



A better virtual care option

Getting high-quality healthcare should be easy, no matter where you live or the time of day. And Marathon Health Anywhere makes that happen. Marathon Health Anywhere is a one-of-a-kind virtual care network with a dedicated care team that's completely focused on you! Schedule a virtual visit Monday-Friday from 7am to 7pm CST.

Virtual Services Available to You

With Marathon Health Anywhere you have access to care when you need it:

Primary and Sick Care

- Access to licensed physicians and nurses
- Care for sick conditions (i.e., colds, fever, flu, ear infection)

Behavioral Health Services

Trained specialists to help you manage:

- Depression, anxiety, stress
- Addiction and substance abuse

Chronic Care Management

- Coaching and education by Chronic Care Coaches

Concierge Care

- Scheduling and customer service
- Help navigating and scheduling referrals

**Reminder to bring your ID and your insurance card to your visit.

Eligibility and Services

- HealthQuestis open to all active employees, spouses and dependents (age 2+) covered by State Employee Health Plan (Plans A, C, J and N).
Preventive visits are free for all members.
Medical visits and Behavioral Health visits are free for Plan A members and \$40 per visit for Plan C, J and N members.

Wellness Services and Health Coaching *Services listed below are available to all benefiteligible employees and their spouses

- Health coaching & group wellness programming including:
 - Weight Management, American Lung Association Freedom from Smoking, Healthy Hearts, and more
- Tests and Lab Services to check blood glucose, cholesterol, A1C and more



Your first step is to register your HealthQuestPortal. Scan the QR code with your smartphone or visit HealthQuest.ks.gov.