

DON'T OVERLOOK THESE COSTS PLANNING YOUR ANNUAL FSA CONTRIBUTION



Experience has shown that people often under-fund their flexible spending accounts (FSAs) because they are not aware of the full range of healthcare expenses that are eligible for use of FSA funds.

Below is an overview of the most common FSA-eligible expenses. When you save for these purchases tax-free using your FSA, it's like getting a 30% discount.

This year (or in the future), do you, your spouse, or your dependents plan to do...

- Acupuncture
- Alcoholism treatment
- Ambulance services
- Artificial limb or prosthesis
- Artificial teeth
- Birth control pills
- Braille books/magazines (portion of costs)
- Car adaptations (for persons with disabilities)
- Chiropractors
- Christian Science practitioners
- Contact lenses (including saline solution and cleaner)
- Crutches
- Dental treatment (x-rays, fillings, extractions, dentures, braces, etc.)
- Diagnostic devices (such as a blood sugar test kit)
- Doctor's fees
- Drug addiction treatment
- Eyeglasses (including eye examinations)
- Eye surgery (including laser eye surgery)
- Fertility enhancement (including in-vitro fertilization)
- Guide dog (for visually-impaired or hearing-impaired)
- Hearing aids and hearing aid batteries
- Hospital services (including meals and lodging)
- Insulin
- Laboratory fees
- Lactation assistance supplies
- Prescription medicines or drugs
- Nursing home
- Nursing services
- Operations or surgery
- Over-the-counter Medications
- Psychiatric care
- Psychologist
- Telephone equipment for hearing-impaired
- Telephone equipment for visually-impaired
- Therapy or counseling
- Transplants
- Transportation for medical care
- Vasectomy
- Wheelchair
- X-rays

For a full list of FSA-eligible expenses, [click here](#) to visit the State of Kansas website.