### **Employee Assistance Program (EAP)**





# **GuidanceResources® Online: Now Better Than Ever**

We have redesigned our award-winning website, GuidanceResources® Online, to make it even easier for you to get the information and tools you need, whenever you need them.

#### What's new?

The GuidanceResources® Online landing page is now streamlined to make it easier to find what you need quickly. At the top of the page, a new navigation bar organizes key functions into a dropdown menu of topics that correspond to the many facets of your life, whether at work, at home or on the road. Selecting a menu item, such as child care or career development, takes you directly to a page containing popular resources related to all aspects of your topic. Or use the search bar to customize your requests.

#### **ResourceRecommender**<sup>sm</sup>

Not sure what exactly you're looking for? The ResourceRecommender<sup>sM</sup> can help. With a couple of clicks, the Recommender guides you in the right direction, whether you're looking for emotional support, help with issues related to work-life balance, legal, financial or physical health, or any other topic. All the resources, including articles, guides, podcasts and On-Demand trainings, are delivered to your screen, allowing you to choose the format most helpful to you.

**The new GuidanceResources® Online:** same great content in a more engaging, easier-to-navigate format. Check it out today at <u>guidanceresources.com</u>.

## Here when you need us.

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