

# HealthQuest Health Center Services

Access care in person or virtually through  
Marathon Health Anywhere



## Prevention

### Health Screenings

- Annual Exams
- Skin Cancer Screenings
- Blood pressure
- Body mass index
- Cholesterol
- Glucose
- School, camp, and sports physicals

### Chronic Condition

- Coaching
- Arthritis
- Asthma
- COPD
- Depression
- Diabetes
- Heart health
- Low back pain
- Sleep apnea
- Educational offerings

### Health Coaching

- Nutrition
- Physical activity
- Tobacco cessation
- Stress management
- Weight loss



## Sick Visits

- Bronchitis
- Common Cold
- Constipation
- Cough
- Diarrhea
- Eye infection
- Headache
- Joint pain
- Nausea & vomiting
- Nosebleed
- Sinus infections
- Skin infections
- Strep throat



## Behavioral Health

- Anxiety
- Depression
- Eating Disorders
- Grief
- PTSD
- Relationship issues
- Self-image
- Stress
- Substance use



## Lab Services

Blood work and lab tests processed at the center include hemoglobin A1C, lipid panel, glucose, rapid strep, mono, urinalysis, oxygen saturation, and pregnancy. Additional lab tests can also be drawn and sent to an outside lab for processing.

### Eligibility and Cost

The HealthQuest Health Center is open to all active employees, spouses and dependents (age 2+) covered by State Employee Health Plan (Plans A, C, J and N). Active employees, early retirees and COBRA members are also eligible. Medicare members are not eligible to use the Health Center. Preventive visits are free for all members. Medical visits and Behavioral Health visits are free for Plan A members and \$40 per visit for Plan C, J and N members.

### Location

**HealthQuest Health Center  
by Marathon Health**

901 S. Kansas Ave  
Topeka, KS 66612  
Mon, Wed, & Fri 7am-4pm  
Tues & Thurs 9am- 6pm

You also have access to virtual care through Marathon Health Anywhere.

### Schedule Today

Scan the code, call 785-783-4080 or visit the Marathon Health portal:

**HealthQuest.ks.gov**

- **Reminder to bring your ID and your insurance card to your visit.**
- **Reminder for Plans C, J, & N, please have your \$40 fee ready at time of service**