Teladoc HEALTH

Teladoc HEALTH State Employee Health Plan

Samuel
Sampleton
& Eligible Dependents

TeladocHealth.com/Aetna
1-855-835-2362

This is not your insurance card.

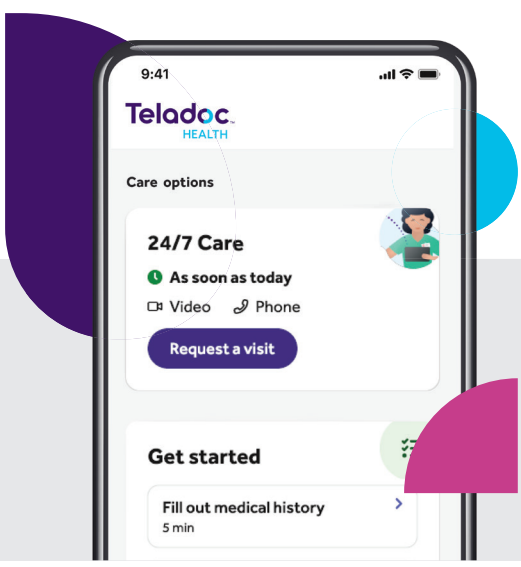
Welcome to healthcare made easy

Proof-T00-P00-123456

SAMUEL SAMPLETON
1 SAMPLING ST
SAMPLEVILLE, AL 29401

made available through aetna

Kansas Department of Administration
State Employee Health Plan



Hello Samuel

You now have access to Teladoc Health through State Employee Health Plan

If you're like the millions of people who are striving to be healthier, let us be the first to welcome you to Teladoc Health.

We believe that when you have a full picture of your health all in one place, you can achieve your goals with confidence.

With Teladoc Health, you get compassionate care from doctors and licensed healthcare professionals via phone or video. We not only help you get healthy, but live healthy.

Stay well,

Your Teladoc Health Team

Get started

- **Download the app**
- **Set up your account**
- **Schedule a visit**

Get care

Talk to a licensed healthcare professional by phone or video.

See back of letter for service details.

Get started today

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Get care for what's now and what's next

Your Teladoc Health experience includes:

Care for you physically

Manage your health virtually with a licensed healthcare professional.

24/7 Care — **$10/visit**

Talk to a doctor or licensed healthcare professional by phone or video 24/7 for non-urgent needs such as coughs, colds, UTIs and more.

Dermatology — **$10/online review**

Start an online skin review with a dermatologist for conditions such as rashes, eczema and acne. Get a custom treatment plan in 24 hours.

Care for you emotionally

Talk to a therapist or psychiatric provider by phone or video.
Get help with stress, anxiety, sleep and more.

Therapy
$10/therapy visit

Psychiatry
$10/first psychiatry visit
$10/ongoing psychiatry visits

Adolescent Mental Health care is also available for teens aged 13-17, with prior consent from parent or guardian.

"I have a very busy schedule, and in order for me to stay healthy, this is the perfect avenue for me."

Carolee M.

Get started today

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The testimonials, opinions and statements reflect one member's personal experience with Teladoc Health. Results and experiences may vary from person to person and will be unique to each member. The testimonials are voluntarily provided and are not paid.
Phone and video visits are not required or part of the dermatology visit.
Adolescent Mental Health care is now available to select clients and may be accessed by eligible dependents aged 13-17. This adolescent service is limited to therapy. Teladoc Health does not provide psychiatric services or mental health medication management to teens. One parent or guardian must be present at the beginning and end of the first visit. Not required for ongoing visits.
Teladoc Health is not available internationally.
Teladoc Health complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Para obtener ayuda en su idioma, llame sin costo alguno al número que aparece en su tarjeta de identicación. (TTY: 1-855-636-1578) 如需以您使用語言的協助，請撥打 ID 卡上所列的免付費號碼。(TTY: 1-855-636-1578)
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Teladoc HEALTH

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IMPORTANT PLAN INFORMATION ENCLOSED

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