

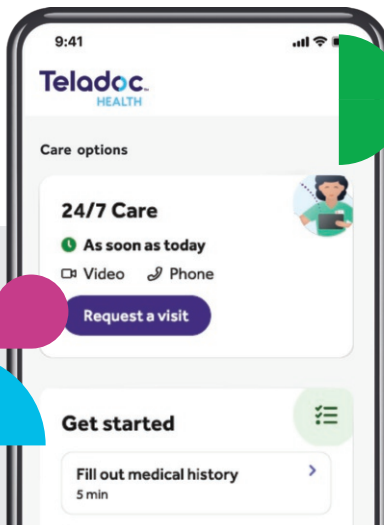


Welcome to healthcare for the whole you

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SAMUEL SAMPLETON  
1 SAMPLING ST  
SAMPLEVILLE, AZ 29401



Hello Samuel

You now have access to Teladoc Health through State Employee Health Plan

If you're like the millions of people who are striving to be healthier, let me be the first to welcome you to Teladoc Health.

We believe that when you have a full picture of your health all in one place, you can achieve your goals with confidence.

With Teladoc Health, you get compassionate care from U.S. board-certified doctors via phone or video. We not only help you get healthy, but live healthy.



Stay well,

Dr. Vidya Raman-Tangella  
Chief Medical Officer, Teladoc Health

Get started

- ✔ Download the app
- ✔ Set up your account
- ✔ Schedule a visit

Get care

Talk to a doctor, therapist or psychiatrist by phone or video.

See back of letter for service details.

Get started today

Download the app |

Teladoc.com/Aetna | 1-855-TELADOC (835-2362)

# Get care for what's now and what's next

Your Teladoc Health experience includes:

## ✔ Care for you physically

Manage your health virtually with a U.S. board-certified doctor.

### General Medical

**\$56 or less/visit**

Talk to a U.S. board-certified doctor by phone or video 24/7 for non-urgent needs such as coughs, colds, UTIs and more.

### Dermatology

**\$85 or less/online review**

Start an online skin review with a dermatologist for conditions such as rashes, eczema and acne. Get a custom treatment plan in 24 hours.

## ✔ Care for you emotionally

Talk to a licensed therapist or psychiatrist by phone or video. Get help with stress, anxiety, sleep and more.

### Therapist

**\$90 or less/visit**

### Psychiatrist

**\$215 or less/first visit**

**\$100 or less/ongoing visits**

Adolescent Mental Health care is also available for teens aged 13-17, with prior consent from parent or guardian.



I have a very busy schedule, and in order for me to stay healthy, this is the perfect avenue for me."

**Carolee M.**

Log in to your Teladoc Health account to see all services available to you.



**Get started today**

Download the app  | 

Teladoc.com/Aetna | 1-855-TELADOC (835-2362)

The testimonials, opinions and statements reflect one member's personal experience with Teladoc Health. Results and experiences may vary from person to person and will be unique to each member. The testimonials are voluntarily provided and are not paid.

Phone and video visits are not required or part of the dermatology visit.

Adolescent Mental Health care is now available to select clients and may be accessed by eligible dependents aged 13-17. This adolescent service is limited to therapy. Teladoc Health does not provide psychiatric services or mental health medication management to teens. One parent or guardian must be present at the beginning and end of the first visit. Not required for ongoing visits.

Teladoc Health is not available internationally.

Teladoc Health complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Para obtener ayuda en su idioma, llame sin costo alguno al número que aparece en su tarjeta de identificación. (TTY: 1-855-636-1578) T'áá shí shizaad k'ehjí shiká a'doowol nínizingo naaltsoos bee atah níníngíí nanítíngíí béesh bee hane'é bikáá' áají' hodíílníh. (TTY: 1-855-636-1578)

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Program includes trends and support on your secure Teladoc Health account and mobile app but does not include a phone, tablet or smartwatch.

For the most current pricing of your Teladoc Health services, please log in to your TeladocHealth.com account.

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