

# Get care 24/7

Telemedicine gets you access to a doctor – anytime, anywhere.

With Amwell, you can have a virtual doctor's visit from your smartphone or computer – right when you need it.

See a doctor from the comfort of your own home – or anywhere else for that matter. Safe and secure, it's the quality care you need, made easier.

## What is Telemedicine?

Telemedicine is an **alternative to in-person visits**. It allows health care professionals to evaluate, diagnose and treat patients at a distance via secure video/audio connections.

With Blue Cross and Blue Shield of Kansas coverage, you can **visit live with a doctor** on your computer or mobile device when it's **convenient for you**.



## Patient benefits

- Less time away from work
- No travel expenses or time
- Easier if you have a child or elder in your care
- Privacy
- No exposure to other potentially contagious patients

## When can I use it?

Consult a doctor for common conditions like:

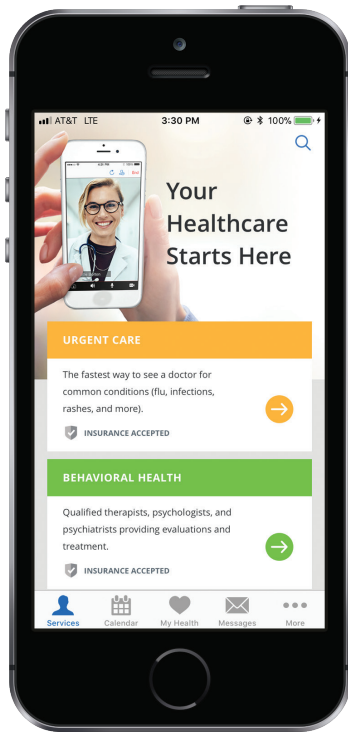
- Cold/Flu
- Fever
- Rash
- Sinus infection
- Pink eye
- Ear infection

## Behavioral health services

Licensed therapists can provide advice and counseling for depression, anxiety, stress, relationship issues and more. Private and secure appointments are available seven days a week, 6:00 a.m. to 10:00 p.m. CST.

## Can my family use Telemedicine?

Yes, if your spouse and/or children are covered under your Blue Cross plan.



## Three ways to register

1 Download the Amwell app on any mobile device.



2 Visit [bcbsks.com/telemed](https://bcbsks.com/telemed)

3 Call toll-free **844-733-3627**

## Consult with a doctor by computer, tablet or phone

- Affordable, easy and convenient – available 24/7/365
- A choice of trusted, U.S. board-certified doctors and therapists
- Prescriptions as needed
- Easy payment: credit, debit or HSA/FSA cards accepted
- Patient records accessible

## How much does it cost?

The out-of-pocket cost of an Amwell doctor or therapist visit depends on your plan type. Doctor visits using Amwell are \$10 for Plan A members. For Plan C, J and N members, visits start at \$59 per consultation.



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