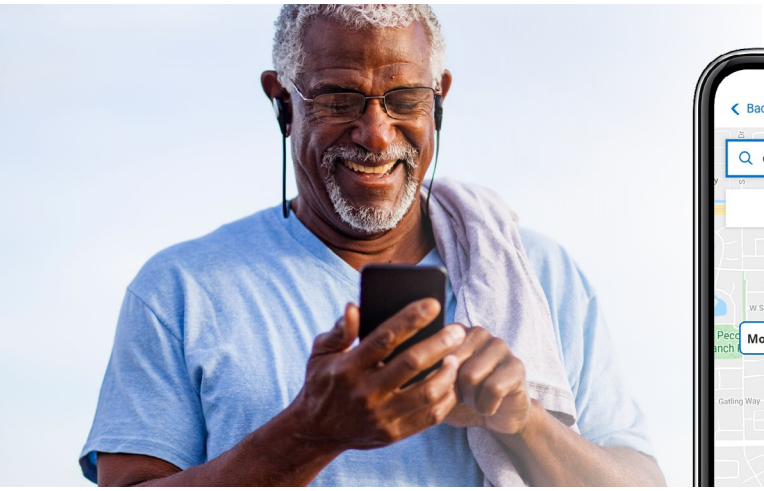
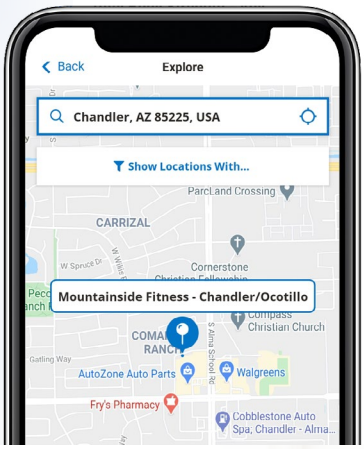
SilverSneakers® GO™

Getting active just got easier with SilverSneakers® GO™, your one-stop shop for SilverSneakers



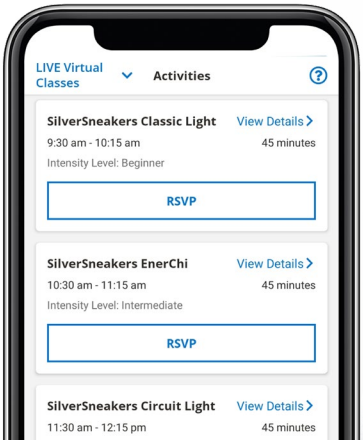


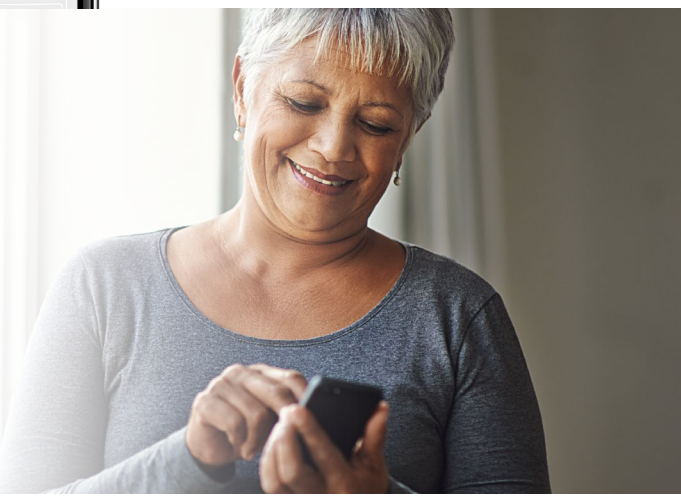
Reach your goals with the accountability you've always wanted.

Find everything you need in one place: your member ID, SilverSneakers locations and more!

Access a library of on-demand workout programs and videos.

Schedule live digital classes straight from the app.





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Questions? Contact us
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